

KLUB RITMIČKE
GIMNASTIKE ZAGREB

CHRISTMAS CUP 2014

December 13th & December 14th

ZAGREB - CROATIA

ORGANIZER:

RHYTHMIC
GYMNASTICS
CLUB
ZAGREB

9th International Rhythmic Gymnastics Tournament

Dear Rhythmic Gymnastics Friends,

The **Rhythmic Gymnastics Club Zagreb** has the pleasure to invite you to participate in its 9th Annual "**Christmas Cup**" International RG Tournament in Zagreb, Croatia.

Join the challenge, excitement and friendship of this well established international event in Croatia's beautiful capital city Zagreb.



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Welcome to Zagreb



Programme

FRIDAY,
December 12th

- Arrival of the Delegations and accommodation
- Technical meeting

SATURDAY,
December 13th

- Judges meeting
- **Competition Day 1 (Level A)**

SUNDAY,
December 14th

- Competition Day 2 (Level B) & Finals: Pre-juniors, Juniors and Seniors (Level A)**

MONDAY,
December 15th

- Departure of the Delegations

christmascup@krgz.hr

COMPETITIVE PROGRAM: INDIVIDUAL COMPETITION

LEVEL A

MINI (2006 and younger): 1 Exercise : Without apparatus (WA)

Difficulty (D) max. 6.00 p.; Body Difficulties: Min 4 – max 7 (Value: 0.10– max 0.80),
Dance Steps Combination Min. 1; Execution(E): 10.00

HOPES (2004 and younger): 2 Exercises: Without apparatus (WA) and 1 apparatus by choice (rope, hoop or ball)

Difficulty (D) max. 7.00 p.; Body Difficulties: Min 4 - max 7 (Value: 0.10– max 0.80),
Dance Steps Combination Min. 1; Maximum 3 risks; Execution (E): 10.00

PRE-JUNIORS (2002 and younger): 3 Exercises : Rope, Hoop and Ball

According to the FIG regulations 2013-2016 ; TECHNICAL PROGRAM FOR JUNIORS
Dancing Steps Combination Min. 1; Maximum 3 risks; Execution (E): 10.00

JUNIORS (2000 and younger): 4 Exercises : Hoop, Ball, Clubs and Ribbon or Rope

According to the FIG regulations 2013-2016 & TECHNICAL PROGRAM FOR JUNIORS
Dancing Steps Combination Min. 1; Maximum 3 risks; Execution (E): 10.00

SENIOR (1999 and older): 4 Exercises : Hoop, Ball, Clubs and Ribbon

According to the FIG regulations 2013-2016 - Dancing Steps Comb.Min. 1; Max. 3 risks; Execution (E): 10.00

COMPETITIVE PROGRAM: INDIVIDUAL COMPETITION

LEVEL B

BABY 1 (2008) : 1 Exercise: Without apparatus (WA) *Difficulty (D) max. 3.00 p.;* Body Difficulties: Min 3- max 5 (Value 0.10-0.50); Dance Steps Combination Min. 1; Execution (E): 10.00

BABY 2 (2007) : 1 Exercise: Without apparatus (WA) *Difficulty (D) max. 3.50 p.;* Body Difficulties: Min 3- max 5 (Value 0.10-0.50); Dance Steps Combination Min. 1; Execution (E): 10.00

MINI (2006): 1 Exercise : Without apparatus (WA) *Difficulty (D) max. 4.00 p.;* Body Difficulties: Min 3-max 5 (Value 0.10-0.50); Dance Steps Combination Min. 1; Execution (E): 10.00

HOPES (2005): 1 Exercises : Apparatus by choice *Difficulty (D) max. 6.00 p.;* Body Difficulties: Min 3-max 6 (Value 0.10-0.60 for combination); Dance Steps Combin. -Min. 1; **Max. 3 risks; E: 10.00**

JUNIORS (2001 and younger): 1 Exercises : Apparatus by choice *Difficulty (D) max. 7.00 p.;* Body Difficulties: Min 4-max 7 (Value 0.10-0.80 for combination); Dance Steps Combi.- Min. 1; **Max. 3 risks; E: 10.00**

SENIOR (1999 and older): 1 Exercises : Apparatus by choice *Difficulty (D) max. 8.00p.;* Body Difficulties: Min 5-max 7 (Value 0.10-0.90 for combination); Dance Steps Combi. Min. 1; **Max. 3 risks; E: 10.00**

FINALS:
(Level A only)

The participation in the final is limited to 2 gymnasts per country.

The organizing club (RG Club Zagreb) has the right to add 1 gymnast in every final.

PRE -JUNIORS

The top eight gymnasts from All around program qualify for the Final.
Apparatus Final: **Clubs**

JUNIORS & SENIORS

The top eight gymnasts in each apparatus in Juniors and Senior Individual program qualify for the Apparatus Finals.

Juniors: 4 finals: **Hoop, Ball, Clubs and Ribbon or Rope**
Senior: 4 finals: **Hoop, Ball, Clubs and Ribbon**

DELEGATION (Max. 10 person)

- 4 Gymnasts in Individual program **LEVEL A** (different age category*)
- 4 Gymnasts in Individual program **LEVEL B** (different age category*)
- 1 judge (obligatory) & 1 coach
- *Only the organizing club (RG Club Zagreb) has the right to enter more than one gymnast per category. In Level A only — we will accept registration of more than one Senior gymnast.*

ENTRY FEE 30 EUR per gymnast

COMPETITION DATE Saturday, December 13th & Sunday, December 14th, 2014

COMPETITION SITE Sportski centar "LUČKO" - www.sclucko.hr
Ježdovečka ulica 3b
10250 ZAGREB LUČKO

SCHEDULE: Tentative Schedule will follow upon receiving definitive registration

JUDGE RESPONSIBLE Tihana Milas Bezjak

ACCOMMODATION Hotel I*** www.hotel-i.hr
Ulica Ive Robića 2, 10 000 Zagreb
35 EUR per night/per person in a double or triple room
(includes dinner on December 12th, breakfast and dinner on December 13th and breakfast on December 14th and 15th).
The accommodation must be paid to the RG Club Zagreb upon arrival.

ADDITIONAL PERSON 50 EUR per night/per person

COSTS Delegations are responsible for their own travelling costs, meals (except the Farewell Party and meals included in their accommodation at the Hotel I -as listed above) and any other expenses during the stay.

VISA

Please verify immediately with your travel agent or the Croatian Embassy or Consulate in your country if a visa is required for your travel to Croatia (EU). The Organizing Committee will be happy to assist each Delegation member with an official invitation letter, provided if the request is made before November 5th, 2014 to the RG Club Zagreb.

FORMS

Official Forms must be received before and no later than December 5th, 2014!

MUSIC

Music will be accepted on CD only and back-up copies must be available (clearly labeled with the name and apparatus).

GALA

Gymnasts are welcome to present one short exhibition. Due to the time limit we can accept several demonstrations (max. 10 demonstrations, max. 2 minute duration).

PRIZES

The winner in every category will receive a trophy and medal. Second and third place will receive medals.

FAREWELL PARTY

Sunday, December 14th, 2014

REGISTRATION DEADLINES!!!!!!:

<u>PRELIMINARY REGISTRATION:</u>	18 TH OF OCTOBER 2014
<u>DEFINITIVE REGISTRATION:</u>	15 TH OF NOVEMBER 2014
<u>TRAVEL DETAILS:</u>	31 ST OF NOVEMBER 2014

www.krgz.hr

ORGANIZING COMMITTEE CONTACTS

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Mobile phone: + 385 98 163 5483 (Anita Korajlija – English Language)

INVITED COUNTRIES:

ARM, AUS, AUT, AZE, BEL, BIH, BLR, BUL, BRA, CAN, CHI, CHN, CYP, CZE, DEN, ESP, EST, FIN, FRA, GBR, GEO, GER, GRE, HKG, HUN, IRL, ISR, ITA, JPN, KAZ, KOR, LAT, LIE, LTU, LUX, MAS, MDA, MNE, MON, NED, NOR, NZL, POL, POR, PER, QAT, ROU, RUS, SLO, SRB, SRB, SUI, SVK, SWE, TJK, TKM, TUN, TUR, UAE, UKR, USA, UZB

Welcome to Zagreb



INTERNATIONAL RHYTHMIC
GYMNASTICS TOURNAMENT
CHRISTMAS CUP 2014 IS
REGISTERED AND RECOGNIZED BY

THE CROATIAN GYMNASTICS
FEDERATION



HRVATSKI
GIMNASTIČKI
SAVEZ

CHRISTMAS CUP 2014
DECEMBER 13TH & DECEMBER 14TH