



12th CHRISTMAS CUP

Dear Rhythmic Gymnastics Friends

The Rhythmic Gymnastics Club Zagreb has the pleasure to invite you to participate in its 12th annual „Christmas Cup“ International RG Tournament in Zagreb, Croatia. Join the challenge, excitement and friendship of this well established international event in Croatia's beautiful capital city Zagreb

ORGANIZER	KRG ZAGREB X PODBREZJE 14, 10000 ZAGREB, CROATIA TEL: +385 1 655 5866 FAX: +385 1 655 5868 E-mail: krgzagreb.christmascup@gmail.com Website: www.krgz.hr
COMPETITION DATE	9th-10th December 2017
COMPETITION SITE	Sportski centar „LUCKO“ – www.sclucko.hr Jezdovecka ulica 3b 10250 ZAGREB-LUCKO
ACCOMMODATION	Hotel „I“ – www.hotel-i.hr Ulica Ive Robica 2 10000 ZAGREB 35 € per night (per person) in a double or triple room Includes breakfast from the 9th to the 11th december, and dinner for the 9th and 10th december Also includes a Farewell Party on the 10th december A additional person or a one bed room 50 € per night (per person) The accommodation must be paid to KRG Zagreb upon arrival
TRANSPORTATION	Transportation of the delegation from the Zagreb Airport, the bus station or the train station to the hotel and back at the price of 10 € per person. Transportation from the hotel to the competition site and back is free of charge.
PROGRAMME	FRIDAY 8th December- Arrival of the delegation and technical meeting SATURDAY 9th December – A judge meeting and the A level competition SUNDAY 10th December – A judge meeting, the B level competition, the A level finals and the Farewell party MONDAY 11th December – Departure of the delegations

LEVEL A

BABY (2009 and 2010 and younger) : Without apparatus

Difficulty (BD) max 6.00p, min 3 max 6 body difficulty, min 1 dance steps,
Execution (E) 10.00p

MINI (2008 and younger) : Without apparatus and apparatus by choice (rope, hoop, ball)

Difficulty (BD) max 6.50p, min 3 max 6 body difficulty, min 1 dance steps, min 1 risks
Execution (E) 10.00p

HOPES (2007 and younger) : 2 apparatus by choice (rope, hoop, ball, clubs)

Difficulty (BD) max 7.00p, min 3 max 7 body difficulty, min 1 dance steps, min 1 risks
Execution (E) 10.00p

PRE-JUNIORS (2006 and 2005) : Rope, hoop and ball for 2006 - Rope, hoop, ball and clubs for 2005

Difficulty (BD) max 7.50p, min 3 max 7 body difficulty, min 1 dance steps, min 1 risks
Execution (E) 10.00p

JUNIORS (2003 and 2004) : Hoop, ball, clubs and ribbon

According to the FIG regulations 2017-2020 for juniors

JUNIORS (2002) : Hoop, ball, clubs and ribbon

According to the FIG regulations 2017-2020 for juniors or seniors

SENIORS (2001 and older) : Hoop, ball, clubs and ribbon

According to the FIG regulations 2017-2020 for seniors

LEVEL B

BABY (2009 and 2010 and younger) : Without apparatus

Difficulty (BD) max 4.00p, min 3 max 5 body difficulty, min 1 dance steps
Execution (E) 10.00p

MINI 1 (2008 and younger) : 1 apparatus by choice

Difficulty (BD) max 6.00p, min 3 max 6 body difficulty, min 1 dance steps, min 1 risk
Execution (E) 10.00p

MINI 2 (2007 and younger) : 1 apparatus by choice

Difficulty (BD) max 6.00p, min 3 max 6 body difficulty, min 1 dance steps, min 1 risks
Execution (E) 10.00p

HOPES (2006 and younger) : 1 apparatus by choice

Difficulty (BD) max 6.00p, min 3 max 6 body difficulty, min 1 dance steps, min 1 risks
Execution (E) 10.00p

PRE-JUNIORS (2005 and younger) : 1 apparatus by choice

Difficulty (BD) max 6.50p, min 3 max 6 body difficulty, min 1 dance steps, min 1 risks
Execution (E) 10.00p

FINALS Only for LEVEL A	Pre-juniors : 2006 clubs , 2005 ribbon Juniors: hoop, ball, clubs and ribbon Seniors : hoop, ball, clubs and ribbon The top eight gymnasts in each apparatus qualify for the apparatus final. Limit for finals is 2 gymnast per country. The organizing club has the right to add 1 gymnast in every final
DELEGATION	Max 10 person : 5 gymnast in LEVEL A 3 gymnast in LEVEL B 1 judge and 1 coach
TEAM COMPETITION	For A level , a team is made from 2 gymnasts for the junior and senior categories and 3 gymnasts for the younger categories
ENTRY FEES	The entry fee is 30 € per gymnast
VISA	Please verify immediately with your travel agent or the Croatian Embassy or Consulate in your country if a visa is required for you to travel to Croatia (EU). The Organizing Committee will be happy to assist each Delegation member with an official invitation letter, provided if the request is made before November 1st 2017 to the RG Club Zagreb.
MUSIC	Music will be accepted on CD and back-up copies must be available Send the music in mp3 at: http://rgform.eu/event.php?id_prop=481
GALA	Gymnasts are welcome to present 1 short exhibition, max 2min duration
PRIZES	The first, the second and the third place will receive medals. All gymnasts will receive diplomas
REGISTRATION DEADLINES	PRELIMINARY REGISTRATION : 10TH OCTOBER 2017 DEFINITIV REGISTRATION : 10TH NOVEMBER 2017 TRAVEL DETAILS : 26TH NOVEMBER 2017 Register for the competition at: http://rgform.eu/event.php?id_prop=481

ORGANIZING COMMITTEE CONTACTS

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