

KLUB RITMIČKE
GIMNASTIKE ZAGREB

CHRISTMAS CUP 2015

December 12th & December 13th

ZAGREB - CROATIA

ORGANIZER:

RHYTHMIC
GYMNASTICS
CLUB
ZAGREB



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10th International Rhythmic Gymnastics Tournament

Dear Rhythmic Gymnastics Friends,

The **Rhythmic Gymnastics Club Zagreb** has the pleasure to invite you to participate in its 10th Annual "**Christmas Cup**" International RG Tournament in Zagreb, Croatia.

Join the challenge, excitement and friendship of this well established international event in Croatia's beautiful capital city Zagreb.



Welcome to Zagreb



Programme

FRIDAY,
December 11th

- Arrival of the Delegations and accommodation
- Technical meeting

SATURDAY,
December 12th

- Judges meeting
- **Competition Day 1**

SUNDAY,
December 13th

- Competition Day 2 & Finals: Pre-juniors, Juniors and Seniors (Level A)**
- Farewell Party

MONDAY,
December 14th

- Departure of the Delegations

christmascup@krgz.hr

CATEGORIES AND TECHNICAL PROGRAM

COMPETITIVE PROGRAM: INDIVIDUAL COMPETITION

LEVEL A

BABY (2007 and younger): 2 Exercises: Without apparatus (WA) and 1 apparatus by choice (rope, hoop or ball)

Difficulty (D) max. 6.00 p.; Body Difficulties: D Min 4- max 7 (Value: 0.10-max 0.80 p.); Dance Steps Combination Min. 1; Maximum 3 risks; Execution (E): 10.00

MINI (2006 and younger): 2 Exercises: Without apparatus (WA) and 1 apparatus by choice (rope, hoop or ball)

Difficulty (D) max. 7.00 p.; Body Difficulties: D Min 4- max 7 (Value: 0.10-max 0.80 p.); Dance Steps Combination Min. 1; Maximum 3 risks; Execution (E): 10.00

HOPES (2005 and younger): 2 Exercises: Without apparatus (WA) and 1 apparatus by choice (rope, hoop or ball)

Difficulty (D) max. 7.00 p.; Body Difficulties: D Min 4- max 7 (Value: 0.10-max 0.80 p.); Dance Steps Combination Min. 1; Maximum 3 risks; Execution (E): 10.00

PRE-JUNIORS (2004 and younger): 3 Exercises: : Rope, Hoop and Ball or Clubs

Difficulty (D) max. 7.50 p.; Body Difficulties: D Min 4- max 7 (Max. 1.00 p.); Dancing Steps Combination Min. 1; Maximum 3 risks; Execution (E): 10.00

JUNIORS (2000 and younger): 4 Exercises: : Rope, Hoop, Ball and Clubs

*According to the FIG regulations 2013-2016 ; TECHNICAL PROGRAM FOR JUNIORS
Dancing Steps Combination Min. 1; Maximum 3 risks; Execution (E): 10.00*

SENIOR (*1999 and older): 4 Exercises: : Hoop, Ball, Clubs and Ribbon

*According to the FIG regulations 2013-2016
Dancing Steps Combination Min. 1; Maximum 3 risks; Execution (E): 10.00*

COMPETITIVE PROGRAM: INDIVIDUAL COMPETITION

LEVEL B

BABY I (2008): 1 Exercises : Without apparatus (WA) Difficulty (D) max. 3,00 p.:

Body Difficulties: Min 3-max 5 (Value 0.10-0.50); Dance Steps Combination Min. 1; E: 10.00

BABY 2 (2007): 1 Exercises : Without apparatus (WA) Difficulty (D) max. 3,50 p.:

Body Difficulties: Min 3-max 5 (Value 0.10-0.50); Dance Steps Combination Min. 1; E: 10.00 10.00

MINI (2006): 1 Exercises : Without apparatus (WA) Difficulty (D) max. 4,00 p.:

Body Difficulties: Min 3-max 5 (Value 0.10-0.50); Dance Steps Combination Min. 1; E: 10.00 10.00

HOPES (2005): 1 Exercises : Apparatus by choice Difficulty (D) max. 6.00 p.:

Body Difficulties: Min 3-max 6 (Value 0.10-0.60 for combination); Dance Steps Combination Min. 1; Max.3 risks; E: 10.00

JUNIORS (2001 and 2002): 1 Exercises : Apparatus by choice Difficulty (D) max. 7.00 p.:

Body Difficulties: Min 4-max 7 (Value 0.10-0.80 for combination); Dance Steps Combination Min. 1; Max. 3 risks; E: 10.00

SENIOR (1999 and older): 1 Exercises : Apparatus by choice Difficulty (D) max. 7.50p.:

Body Difficulties: Min 5-max 7 (Value 0.10-0.90 for combination); Dance Steps Combination Min. 1; Max. 3 risks; E: 10.00

FINALS: (Level A only) The top eight gymnasts in each apparatus in Pre-juniors, Juniors and Senior Individual program, qualify for the Apparatus Finals.

Pre-juniors: 2 finals: **Rope, Hoop**
 Juniors: 4 finals: **Rope, Hoop, Ball and Clubs**
 Senior: 4 finals: **Hoop, Ball, Clubs and Ribbon**

The participation in the final is limited to 2 gymnasts per country. The organizing club (RG Club Zagreb) has the right to add 1 gymnast in every final.

DELEGATION (max. 10 person)

- **4 Gymnasts** in Individual program **LEVEL A** (max 2 per category*)
- **4 Gymnasts** in Individual program **LEVEL B** (max 2 per category*)
- **1 judge** (obligatory) & **1 coach**

* Only the organizing club (RG Club Zagreb) has the right to enter more than 2 gymnast per category
Gymnast born in 2000 can be register to compete in the senior category

ENTRY FEE 30 EUR per gymnast

COMPETITION DATE Saturday, December 12th & Sunday, December 13th 2015.

COMPETITION SITE Sportski centar "LUČKO" - www.sclucko.hr
 Ježdovečka ulica 3b
10250 ZAGREB LUČKO

TOURNAMENT SCHEDULE: Tentative Schedule will follow upon receiving definitive registration

JUDGE RESPONSIBLE Tihana Milas Bezjak

ACCOMMODATION Hotel I*** www.hotel-i.hr
 Ulica Ive Robića 2, 10 000 Zagreb

35 EUR per night/per person in a double or triple room!
(Includes dinner on December 11th, breakfast and dinner on December 12th and breakfast on December 13th and December 14th).
The accommodation must be paid to the RG Club Zagreb upon arrival.

ADDITIONAL PERSON 50 EUR per night/per person

COSTS Delegations are responsible for their own travelling costs, meals (except the Farewell Party and meals included in their accommodation during their stay at the Hotel I -as listed above) and any other expenses during the stay.

TRANSPORTATION The organizer will provide transportation of delegation from the Zagreb Airport, bus station or train station to the hotel and to the competition site and back

VISA

Please verify immediately with your travel agent or the Croatian Embassy or Consulate in your country if a visa is required for your travel to Croatia (EU). The Organizing Committee will be happy to assist each Delegation member with an official invitation letter, provided if the request is made before November 5th, 2015 to the RG Club Zagreb.

FORMS

Official Forms must be received before and no later than December 5th, 2015!

MUSIC

Music will be accepted on CD only and back-up copies must be available (clearly labeled with the name and apparatus).

GALA

Gymnasts are welcome to present 1 short exhibition. Due to the time limit we can accept several demonstrations (max. 10 demonstrations, max. 2 minute duration).

PRIZES

The winner in every category will receive a trophy and medal. Second and third place will receive medals.

FAREWELL PARTY

Sunday, December 13th, 2015- Hotel I

REGISTRATION DEADLINES!!!!!!:

<u>PRELIMINARY REGISTRATION:</u>	25 TH OF OCTOBER 2015
<u>DEFINITIVE REGISTRATION:</u>	22 TH OF NOVEMBER 2015
<u>TRAVEL DETAILS:</u>	29 TH OF NOVEMBER 2015

www.krgz.hr

ORGANIZING COMMITTEE CONTACTS

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Mobile phone: + 385 98 432 692 (Oksana Kijanica Begović- Russian & Ukrainian Language)

Mobile phone: + 385 98 163 5483 (Anita Korajlija – English Language)

INVITED COUNTRIES:

ARM, AUS, AUT, AZE, BEL, BIH, BLR, BUL, BRA, CAN, CHI, CHN, CYP, CZE, DEN, ESP, EST, FIN, FRA, GBR, GEO, GER, GRE, HKG, HUN, IRL, ISR, ITA, JPN, KAZ, KOR, LAT, LIE, LTU, LUX, MAS, MDA, MNE, MON, NED, NOR, NZL, POL, POR, PER, QAT, ROU, RUS, SLO, SRB, SRB, SUI, SVK, SWE, TJK, TKM, TUN, TUR, UAE, UKR, USA, UZB

Welcome to Zagreb



INTERNATIONAL RHYTHMIC
GYMNASTICS TOURNAMENT
CHRISTMAS CUP 2015 IS
REGISTERED AND RECOGNIZED BY

THE CROATIAN GYMNASTICS
FEDERATION



HRVATSKI
GIMNASTIČKI
SAVEZ