



# 11th CHRISTMAS CUP

Dear Rhythmic Gymnastics Friends

The Rhythmic Gymnastics Club Zagreb has the pleasure to invite you to participate in its 11th annual „Christmas Cup“ International RG Tournament in Zagreb, Croatia. Join the challenge, excitement and friendship of this well established international event in Croatia's beautiful capital city Zagreb

<b>ORGANIZER</b>	KRG ZAGREB X PODBREZJE 14, 10000 ZAGREB, CROATIA TEL: +385 1 655 5866 FAX: +385 1 655 5868 E-mail: <a href="mailto:christmascup@krgz.hr">christmascup@krgz.hr</a> Website: <a href="http://www.krgz.hr">www.krgz.hr</a>
<b>COMPETITION DATE</b>	10th-11th December 2016
<b>COMPETITION SITE</b>	Sportski centar „LUCKO“ – <a href="http://www.sclucko.hr">www.sclucko.hr</a> Jezdovecka ulica 3b 10250 ZAGREB-LUCKO
<b>ACCOMMODATION</b>	Hotel „I“ – <a href="http://www.hotel-i.hr">www.hotel-i.hr</a> Ulica Ive Robica 2 10000 ZAGREB  35 € per night (per person) in a double or triple room Includes breakfast from the 10th to the 12th december, and dinner for the 9th and 10th december Also includes a Farewell Party on the 11th december A additional person or a one bed room 50 € per night (per person) The accommodation must be paid to KRG Zagreb upon arrival
<b>TRANSPORTATION</b>	Transportation of the delegation from the Zagreb Airport, the bus station or the train station to the hotel and back at the price of 10 € per person. Transportation from the hotel to the competition site and back is free of charge.
<b>PROGRAMME</b>	FRIDAY 9th December- Arrival of the delegation and technical meeting SATURDAY 10th December – A judge meeting and the A level competition SUNDAY 11th December – A judge meeting, the B level competition, the A level finals and the Farewell party MONDAY 12th December – Departure of the delegations

## LEVEL A

**BABY (2008 and younger ) : Without apparatus and 1 apparatus by choice (rope,hoop or ball)**

Difficulty (D) max 6.00p, min 4 max 7 body difficulty, min 1 dance steps, max 3 risks  
Execution (E) 10.00p

**MINI (2007 and younger ) : Without apparatus, rope and hoop**

Difficulty (D) max 6.50p, min 4 max 7 body difficulty, min 1 dance steps, max 3 risks  
Execution (E) 10.00p

**HOPES ( 2006 and younger ) : Rope, hoop and ball**

Difficulty (D) max 7.00p, min 4 max 7 body difficulty, min 1 dance steps, max 3 risks  
Execution (E) 10.00p

**PRE-JUNIORS ( 2004 and younger ) : Rope, hoop, ball and clubs**

Difficulty (D) max 7.50p, min 4 max 7 body difficulty, min 1 dance steps, max 3 risks  
Execution (E) 10.00p

**JUNIORS ( 2001 and younger ) : Rope or ribbon, hoop, ball and clubs**

According to the FIG regulations 2013-2016

**SENIORS ( 2001 and older ) : Hoop, ball, clubs and ribon**

According to the FIG regulations 2013-2016

## LEVEL B

**BABY 1 ( 2009 and younger ) : Without apparatus**

Difficulty (D) max 3.00p, min 3 max 5 body difficulty, min 1 dance steps  
Execution (E) 10.00p

**BABY 2 ( 2008 and younger ) : Without apparatus**

Difficulty (D) max 3.50p, min 3 max 5 body difficulty, min 1 dance steps  
Execution (E) 10.00p

**MINI (2007 and younger ) : 1 apparatus by choice**

Difficulty (D) max 4.00p, min 3 max 5 body difficulty, min 1 dance steps, max 3 risks  
Execution (E) 10.00p

**HOPES (2006 and younger ) : 2 apparatus by choice**

Difficulty (D) max 5.00p, min 3 max 6 body difficulty, min 1 dance steps, max 3 risks  
Execution (E) 10.00p

**PRE-JUNIORS ( 2005 and younger ): 2 apparatus by choice**

Difficulty (D) max 6.00p, min 4 max 7 body difficulty, min 1 dance steps, max 3 risks  
Execution (E) 10.00p

**JUNIORS ( 2001 and younger ) : 2 apparatus by choice**

Difficulty (D) max 7.00p, min 4 max 7 body difficulty, min 1 dance steps, max 3 risks  
Execution (E) 10.00p

<b>FINALS</b> Only for LEVEL A	Pre-juniors : hoop, ball and clubs Juniors: rope, hoop, ball, clubs and ribbon Seniors : hoop, ball, clubs and ribbon The top eight gymnasts in each apparatus qualify for the apparatus final. Limit for finals is 2 gymnast per country. The organizing club has the right to add 1 gymnast in every final
<b>DELEGATION</b>	Max 10 person : 5 gymnast in LEVEL A 3 gymnast in LEVEL B 1 judge and 1 coach
<b>ENTRY FEES</b>	The entry fee is 30 € per gymnast
<b>VISA</b>	Please verify immediately with your travel agent or the Croatian Embassy or Consulate in your country if a visa is required for you travel to Croatia (EU). The Organizing Committee will be happy to assist each Delegation member with an official invitation letter, provided if the request is made before November 1st 2016 to the RG Club Zagreb.
<b>FORMS</b>	Official forms must be received before the 4th December 2016. Please send the forms to <a href="mailto:christmascup@krgz.hr">christmascup@krgz.hr</a>
<b>MUSIC</b>	Music will be accepted on CD and back-up copies must be available
<b>GALA</b>	Gymnast are welcome to present 1 short exhibition, max 2min duration
<b>PRIZES</b>	The first, the second and the third place will receive medals. All gymnast will receive diplomas
<b>REGISTRATION DEADLINES</b>	PRELIMINARY REGISTRATION : 16TH OCTOBER 2016 DEFINITIV REGISTRATION : 13TH NOVEMBER 2016 TRAVEL DETAILS : 27TH NOVEMBER 2016

### ORGANIZING COMMITTEE CONTACTS

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**Notice:** The old rules will be used on the international competition Christmas Cup (code of point 2013-2016) if a gymnast has new routines, by the new code of point 2017-2020, wont be penalized. I ask you that the official forms be by the old rules (code of point 2013-2016)